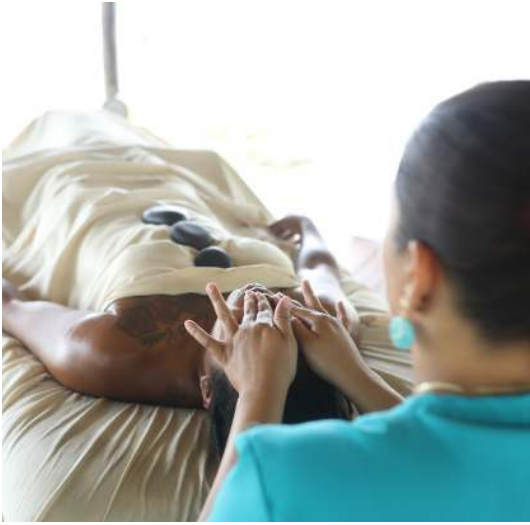


## Spa Menu



Hamanasi's holistic approach to wellbeing is designed to make you healthy and happy, inside and out. Immerse yourself in Hamanasi's serene and sensual surroundings and reestablish your deep connection with nature. Relax or invigorate your mind, body and soul. Soothe away everyday stress.

Reserve your session at the Front Desk and complete an intake form. Customize your experience by selecting a signature scent that will be used throughout. Signature scent can be selected at the time of booking and incurs a fee of \$10bze in addition to the cost of the service. If your service will be at the seaside palapa, meet your spa therapist outside the Front Desk at your appointment time. The therapist will guide you to the palapa. If you prefer treatment in your room, the therapist will meet you there.

## Massage & Body Treatments

### SOOTHING

A gentler experience using light to medium pressure and smoothing techniques to lull the body and mind and encourage a deeper relaxation.

60 MINS - \$242

90 MINS - \$308

### DEEP TISSUE

Encourage the release of chronic tension through deliberate strokes and deep pressure, focusing on easing tension to aid blood flow and health.

60 MINS - \$264

90 MINS - \$324

### FOCUS

A targeted treatment aimed at treating the most common areas of tension on the back, neck and shoulders to encourage release and soothe your tired body.

30 MINS - \$121

### BASALT

The healing power of heat is combined with traditional techniques as warmed basalt stones melt away tension, radiating deep into tight muscles and bringing your body into a state of tranquility.

60 MINS - \$264

90 MINS - \$324

## Facial Experiences

### XOCOLATL (SHO-CO-LAH-TL)

Origins of the word stretch back thousands of years to early Mesoamerican cultures where the cacao tree is native. "Chocolate" is believed to be derived from the word "Xocolatl," the brew the ancient Mayas called the drink of the gods. Antioxidants rich cacao helps protect the skin, increase blood flow and allow for deep hydration.

60 MINS - \$242

### ABABAÜ (AH-BAH-BAH-U)

Ababaü is the Garifuna word for Papaya, locally known for and used for its health benefits as well as nutritious contents. Papaya's natural enzymes are crushed with local honey to create a luxurious mask that promotes skin renewal, cellular turnover, reducing dark spots and blemishes, while nourishing and healing tired skin.

60 MINS - \$242

## Wraps & Scrubs

### SEAWEED BODY WRAP

Detoxify and nourish with our seaweed wrap using locally and sustainably harvested organic seaweed. Rich with ocean minerals, seaweed has antioxidant, anti-inflammatory and restorative qualities. Slough away dry skin cells while rehydrating and reinvigorating your body resulting in firmer, softer skin.

90 MINS - \$308

### CACAO AND COFFEE SCRUB

Begin with a gentle exfoliation using organic crushed coffee and cacao beans followed by a relaxing massage. Coffee helps reduce dark circles, soothes and de-puffs and reduces cellulite while cacao hydrates. Let the ultra nourishing oils and invigorating caffeine leave your skin soft, smooth and hydrated.

60 MINS - \$253  
90 MINS - \$308

## Treatments

### CLASSIC MANICURE

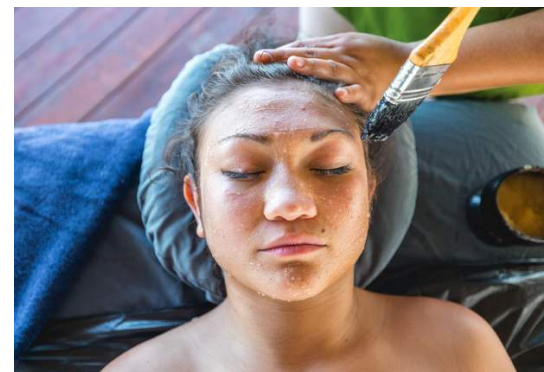
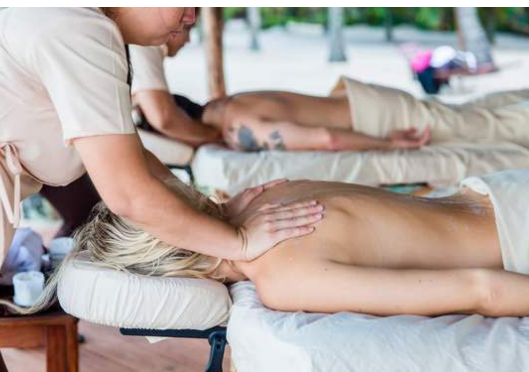
Designed to exfoliate hands and skin, keeping both smooth and soft. Nails are buffed and glossed to a gorgeous finish.

60 MINS - \$110

### CLASSIC PEDICURE

A smoothing foot bath and exfoliation that is followed by a relaxing foot massage

60 MINS - \$132



All services can be conducted for one or two people.  
All Prices are in **BZE** dollars.